

Meeting our Supervisors

ACSM has contacted several trusted supervisors who were kindly answering our questions, for us all to know them a bit better. Feel free to contact them directly if you want to know more and engage with them.

You will be most welcome mentioning that you live in Malaysia and were introduced through ACSM.

Enjoy meeting our supervisors!

How may we call you?

Lily

What professional recognitions have you earned?

- Graduate Certificate in Executive Coaching - Royal Roads University 2005
- Graduate Certificate in Evidence Based Coaching - Fielding University 2012
- Diploma in Coaching Supervision - Coaching Supervision Academy 2014
- Certificate in Conflict Coaching - Fielding University - 2012
- Certificate in Cultural Orientations Framework - Philippe Roskinski - 2012
- Certified in various assessment tools, including Myers Briggs Type Indicator, Thomas -Kilmann Conflict Modes, Lumina Spark
- I'm also an Associate Faculty member with Royal Roads University Advanced Coaching Certificate - I co-designed and teach the "Intercultural Competence and Global Coaching: course

How long have you been in supervision & coaching?

Coaching for 12 years; Supervising for 5 years

Which are your preferred areas of work?

- Coaches who are keen on personal development and willing to invest in themselves
- Coach development (including managers wishing to take a coaching approach to their leadership)
- Executive level coaching
- Leadership Coaching
- Conflict Coaching

What about your passion and interests outside coaching supervision?

- I am a learning junkie, especially learning in small groups
- While I love the learning in individual coaching supervision, I also see great value in group supervision
- I enjoy partnering with individuals to create their best future
- Family is very important to me..I have two sons and two grandchildren and am married to a wonderful supportive man
- I love travel and exploring different cultures
- I also love kayaking, walking in nature, and reading on an eclectic assortment of topics

What are the main points of your career?

- Human Resources and Organizational Development background
- Director of Organizational Development for a large organization
- Public and Private sector experience
- Was invited to develop a Coaching Culture Strategy for the BC Government, that included developing curriculum for managers to learn how to take a coaching leadership approach, an internal coaching program of 18 full time coaches, which included training, mentoring and coaching supervision
- I am the 2016 recipient of the Victoria Leadership Award for Excellence in Mentoring and Coaching

Which are the best ways to know more about you?

Website: www.lilyseto.com

Also on Linked In

Email: Lilyseto@telus.net

Please share your email to easily reach you

lilyseto@telus.net

Would you offer a trial session?

Yes, please contact me